

Specialty Continuing Professional Development Grid (SCPD)

Instructions: Please complete the following form by indicating the number of continuing professional development credits in each relevant category for the previous 2-year period. In all categories, a maximum number of allowable credits are designated. Any specific activity should be documented in only one category even though it might fit under several categories credit for that activity can only be documented under one activity. The total number of credits completed must be equal to or greater than 40 for the two year time period. Specialists are advised to maintain their own files, as documentation is not required for submission with this form. However, a peer review of this information may be conducted by the specialty board, which may require you to provide this documentation. Because ABPP certification is competency based, ABPP's foundational and functional competencies are listed to guide the specialist's thinking when completing the SCPD grid.

Foundational Competencies

Professionalism

Professional values and ethics as evidenced in behavior and comporment that reflects the values and ethics of psychology, integrity and responsibility.

Reflective Practice/Self-Assessment/Self-Care

Practice conducted with personal and professional self-awareness and reflection; with awareness of competencies; with appropriate self-care.

Scientific Knowledge and Methods

Understanding of research, research methodology, techniques of data collection and analysis, biological bases of behavior, cognitive-affective bases of behavior, and development across the lifespan. Respect for scientifically derived knowledge.

Relationships

Relate effectively and meaningfully with individuals, groups, and/or communities.

Ethical Legal Standards and Policy

Application of ethical concepts and awareness of legal issues regarding professional activities with individuals, groups, and organizations.

Individual and Cultural Diversity

Awareness, sensitivity and skills in working professionally with diverse individuals, groups and communities who represent various cultural and personal background and characteristics defined broadly and consistent with APA policy.

Interdisciplinary systems

Knowledge of key issues and concepts in related disciplines. Identify and interact with professionals in multiple disciplines.



Functional Competencies

Assessment

Assessment and diagnosis of problems, capabilities and issues associated with individuals, groups, and/or organizations. Diagnosis and assessment will include awareness of and sensitivity to dynamics and influences that transpire outside of conscious awareness. It also shall recognize the centrality of the therapeutic relationship, specifically the dynamics of transference and countertransference, as key components of the evaluation as well as demonstrate a detailed understanding of personality structure and relevant theories/evidence with respect to etiology.

Intervention

Interventions designed to alleviate suffering and to promote health and well-being of individuals, groups, and/or organizations. These interventions will reflect a distinctively psychoanalytic approach, ie an appreciation of factors outside of awareness that influence thinking, feeling, and/or behavior as well as the fact that this understanding unfolds within the context of a unique therapeutic relationship.

Consultation

The ability to provide expert guidance or professional assistance in response to a client's needs or goals.

Research/evaluation

Generating research that contributes to the professional knowledge base and/or evaluates the effectiveness of various professional activities. This will include scholarly research, critical assessment of contemporary as well as historical developments in theory and practice that contribute to psychoanalytic knowledge.

Supervision

Supervision and training in the professional knowledge base and of evaluation of the effectiveness of various professional activities.

Teaching

Providing instruction, disseminating knowledge, and evaluating acquisition of knowledge and skill in professional psychology.

Management-administration

Manage the direct delivery of services (DDS) and/or the administration of organizations, programs, or agencies (OPA).

Advocacy

Actions targeting the impact of social, political, economic or cultural factors to promote change at the individual (client), institutional, and/ or systems level.



Each Practitioner should utilize the SCPG below to document their participation:

<p align="center">Collaborative Consultation (1 hour = 1 CPD credit) (Maximum CPD Credits = 20)</p>	<p align="center">CPD Credits (Credits Allowed for Area)</p>
1. CASE CONSULTATION	
2. JOURNAL CLUBS	
3. RESEARCH GROUPS	
4. OTHER PROFESSIONAL CONSULTATION RELATED TO THE SPECIALTY.	
5. STUDY GROUPS	
6. CLINICAL CASE CONFERENCES	
<p>Total # of Collaborative Consultation CPD Credits (max = 20)</p>	



<p style="text-align: center;">Teaching & Training (Maximum CPD Credits = 20) (CPD Credits apply only to first presentation of the material in reporting period.)</p>	<p style="text-align: center;">CPD Credits (Credits Allowed for Area)</p>
<p>1. TEACHING STUDENTS AND/OR TRAINEES, INCLUDING SPECIFIC ASSESSMENT, INTERVENTION, AS WELL AS PROFESSIONAL PROGRAM DEVELOPMENT AND EVALUATION. (ONE PRESENTATION HOUR = ONE CPD CREDIT) (ONE COURSE = 20 CPD CREDITS)</p>	
<p>2. PARTICIPATING IN THESIS/DISSERTATION COMMITTEES. (EACH DISSERTATION OR THESIS = 20 CPD CREDITS)</p>	
<p>3. PARTICIPATING AS AN ABPP MENTOR, PRACTICE SAMPLE REVIEWER, ORAL EXAMINER, OR MOC REVIEWER. (EACH ITEM = 10 CPD CREDITS)</p>	
<p>4. TRAINING OR PRESENTING TO OTHER PROFESSIONALS OR STAFF. (ONE PRESENTATION HOUR = ONE CPD CREDIT)</p>	
<p>5. CONDUCTING FULL/HALF-DAY WORKSHOPS TO PROFESSIONAL OR CONSUMER GROUPS. (1 FULL DAY WORKSHOP = 10 CPD CREDITS; ONE UNIT/HOUR = 1 CPD CREDIT).</p>	
<p>6. INSTRUCTING IN AN EDUCATIONAL TRAINING PROGRAM SERIES. (ONE PRESENTATION HOUR = ONE CPD CREDIT) (ONE COURSE = 20 CPD CREDITS)</p>	
<p>7. PROFESSIONAL TRAINING PROGRAM DEVELOPMENT (ONE PREPARATION HOUR = ONE CPD CREDIT) (ONE PROGRAM = 20 CPD CREDITS) Total # of Teaching and Training CPD Credits (max = 20)</p>	
<p>9. PROFESSIONAL MENTORING IN SOME WAY NOT DESCRIBED ABOVE.</p> <p>10. THERAPY SUPERVISION</p> <p>11. TRAINING OF SUPERVISORS</p>	
<p>Total # of Learning/Ongoing Education CPD Credits (max = 20)</p>	



<p style="text-align: center;">Learning/Ongoing Education (Maximum 20)</p>	<p style="text-align: center;">CPD Credits (Credits Allowed for Area)</p>
<p>1. ATTENDANCE AT CONFERENCES AND CONVENTIONS (NOT EARNING CE). (1 DAY = 1 CPD).</p>	
<p>2. COMPLETION OF CONTINUING EDUCATION PROVIDED BY A RECOGNIZED AND APPROVED SPONSOR. (ONE HOUR = ONE CPD CREDIT)</p>	
<p>3. COMPLETION OF A GRADUATE-LEVEL ACADEMIC COURSE RELATED TO PSYCHOLOGY FROM A REGIONALLY ACCREDITED ACADEMIC INSTITUTION. (1 COURSE = 20 CPD CREDITS)</p>	
<p>4. COMPLETION OF ABPP BOARD CERTIFICATION IN ANOTHER SPECIALTY (1 ADDITIONAL ABPP = 20 CPD)</p>	
<p>5. READING, HEARING, OR VIEWING PROFESSIONAL MATERIALS. (ONE HOUR = ONE CPD CREDIT)</p>	
<p>6. PARTICIPATING IN OTHER SELF-DIRECTED PROFESSIONAL ACTIVITIES FOR WHICH CE CREDITS HAVE NOT BEEN GRANTED. (ONE HOUR = 1 CPD CREDIT)</p> <p>7. COMPLETION OF ADDITIONAL COURSE WORK OR SEMINAR AT AN APPROVED POST-DOCTORAL TRAINING INSTITUTE.</p> <p>8. ADDITIONAL CASE SUPERVISION/CONSULTATION (AS SUPERVISEE)</p> <p>9. RESUMING/RE-ENTERING PERSONAL PSYCHOANALYSIS</p>	



<p align="center">Development & Application of Research & Innovative Methodologies/Programs (Maximum 20 CPD Credits)</p>	<p align="center">CPD Credits (Credits Allowed for Area)</p>
<p>1. PROVISION OF TREATMENT SERVICES, SPECIFICALLY PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOTHERAPY</p>	
<p>1. PUBLISHING PEER-REVIEWED ARTICLES (1 PUBLICATION = 10 CPD CREDITS)</p>	
<p>2. PUBLISHING BOOK CHAPTERS. (1 CHAPTER = 10 CPD CREDITS)</p>	
<p>3. OTHER ENGAGEMENT IN THE DEVELOPMENT AND/OR APPLICATION OF RESEARCH AND INNOVATIVE PROGRAMS (I.E., DEVELOPMENT AND IMPLEMENTATION OF GRANT PROPOSALS). THIS MAY INCLUDE IMPLEMENTATION OF SPECIFIC TREATMENTS AND INNOVATIVE INTERVENTIONS FOR INDIVIDUALS, GROUPS, AND THE COMMUNITY INsofar AS IT UTILIZES PSYCHOANALYTIC KNOWLEDGE]</p>	
<p>4. PRACTICE OUTCOME MONITORING (E.G., STRATEGIES FOR ASSES-SING CLIENT OUTCOMES OR INVOLVEMENT IN INSTITUTIONAL QUALITY ASSURANCE MONITORING). 1 HOUR = 1 CPD CREDIT, 1 QA MONITOR = 1 CPD CREDIT)</p>	
<p>5. SERVING AS EDITOR, CO-EDITOR OR REVIEWER OF BOOKS, PROFESSIONAL NEWSLETTERS AND PUBLICATIONS, OR PEER-REVIEWED JOURNALS.</p>	
<p>Total # of Development & Application of Research & Innovative Methodologies/ Programs CPD Credits (max = 20)</p>	



Professional Leadership (1 hour = 1 CPD credit) (Maximum CPD credits for reporting period = 20)	CPD Credits (Credits Allowed for Area)
1. MANAGEMENT AND/OR ADMINISTRATION OF SERVICES RELATED TO THE SPECIALTY.	
2. ACTIVITIES DIRECTED TOWARD THE PROMOTION OR ADOPTION OF EVIDENCE-BASED PRACTICE AND ASSURANCE OF QUALITY CARE.	
3. HOLDING AN OFFICE OR OTHER RECOGNIZED LEADERSHIP POSITION WITHIN PROFESSIONAL PSYCHOLOGY.	
4. SERVICE ON PROFESSIONAL PSYCHOLOGY ASSOCIATION BOARDS OR COMMITTEES.	
5. PARTICIPATION IN GRANT REVIEW.	
6. MEMBERSHIP ON REGULATORY OR INSTITUTIONAL REVIEW BOARDS.	
Total # of Professional Leadership CPD Credits (max = 20)	



Please describe the specific activities you participated in to obtain credits in each area:

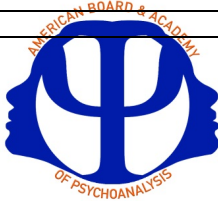
Collaborative Consultation: _____

Teaching and Training: _____

Ongoing Education: _____

**Development & Application of Re-search & Innovative Methodologies/
Programs:** _____

Professional Leadership: _____



NARRATIVE

Name: _____

Specialty/Date of Certification: _____

MOC Materials Due: _____

Anticipated MOC Date: _____

Narrative Instructions:

The Renewal of Certification narrative is designed to elaborate on the professional activities that you reported on the Specialty Continuing Professional Development (SCPD) Grid. It is intended to help you describe your continued professional development over the past 10 years and may become the basis for discussion of your current professional work with a peer reviewer from your specialty board. Please respond to the following questions, focusing your responses on the provision of information specific to your demonstration of the functional and foundational competencies, which are listed below. In total, your narrative should not exceed 750 words.

1. Setting: _____

Provide a description of services you render and the setting in which it occurs, the nature of the population you serve, a brief overview of your primary theoretical orientation to professional practice and other information that is important to understanding your current practice setting.

Limit: 150 Words.

2. Provide a one-paragraph vignette of your current professional work. This vignette may be drawn from a broad range of your professional activities (i.e., assessment, intervention, consultation, teaching, administrative duties, leadership, or other activities central to understanding your professional work). Limit = 150 words

3. Please also describe an ethical dilemma that you have recently confronted. Please illustrate what may best represent your work.

4. By what means do you evaluate the effectiveness of your professional activities?

5. Summarize how you keep abreast of science, practice, and training as it pertains to your specialty. Please elucidate how you maintained the foundational and functional competencies germane to your specialty. (Use the working document that accompanies this narrative.)

6. In your professional evolution, have you refocused your professional activities from your original area of board certification?



